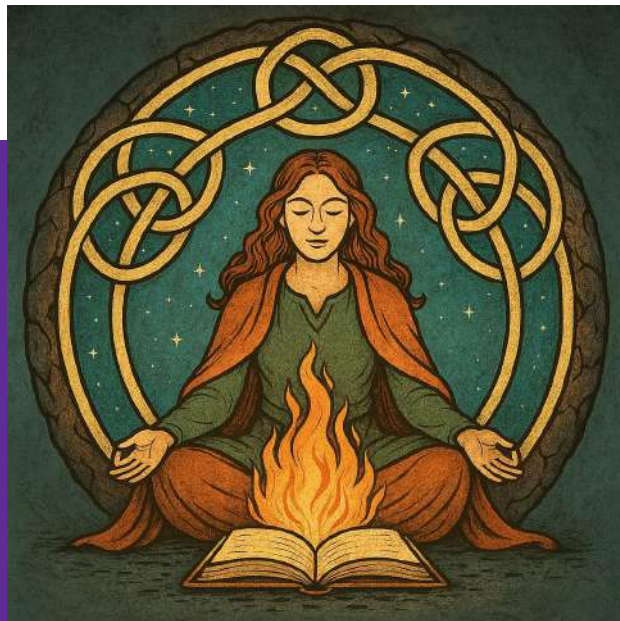


# Ceardlann Oíche Bhealtaine

30ú Aibreán 2025



# 'Sí do Mhaimeo Í

## Curfá:

'Sí do mhaimeo í, 'sí do mhaimeo í

'Sí do mhaimeo í, cailleach an airgid

'Sí do mhaimeo í, ó Bhail' Iorrais Mhóir í

'S chuirfeadh sí cóistí ar bhóithre Chois Fharraige



# ‘Sí do Mhaimeo Í

1.

Dá bhfeicfeása an “steam” ’gabháil siar Tóin Uí  
Fhloinn

’S na rothaí ’ghabháil timpeall siar óna ceathrúnaí

Chaithfeadh sí an stiúir naoi n-uaire ar a cúl

’S ní choinneodh sí siúl le cailleadh an airgid

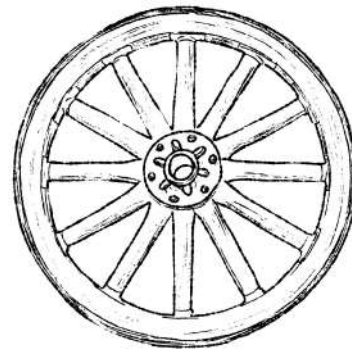
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# 'Sí do Mhaimeo Í

2.

An measann tú an bpósfaidh, measann tú  
'bpósfaidh

Measann tú an bpósfaidh cailleadh an airgid?

Tá's a'm nach bpósfaidh, tá's a'm nach bpósfaidh

Mar tá sé ró-óg agus d'ólfadh sé an t-airgead



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# 'Sí do Mhaimeo Í

3.

'S gairid go bpósfaidh, 's gairid go bpósfaidh

'S gairid go bpósfaidh, beirt ar an mbaile seo

'S gairid go bpósfaidh, 's gairid go bpósfaidh

Séan Shéamais Mhóir agus Máire Ní Chathasaigh



**Curfá:**

'Sí do mhaimeo í, 'sí do mhaimeo í

'Sí do mhaimeo í, cailleadh an airgid

'Sí do mhaimeo í, ó Bhail' Iorrais Mhóir í

'S chuirfeadh sí cóistí ar bhóithre Chois Fharraige

# Who are you here for?

Tá mé anseo.

Tusa

Agus cé eile?

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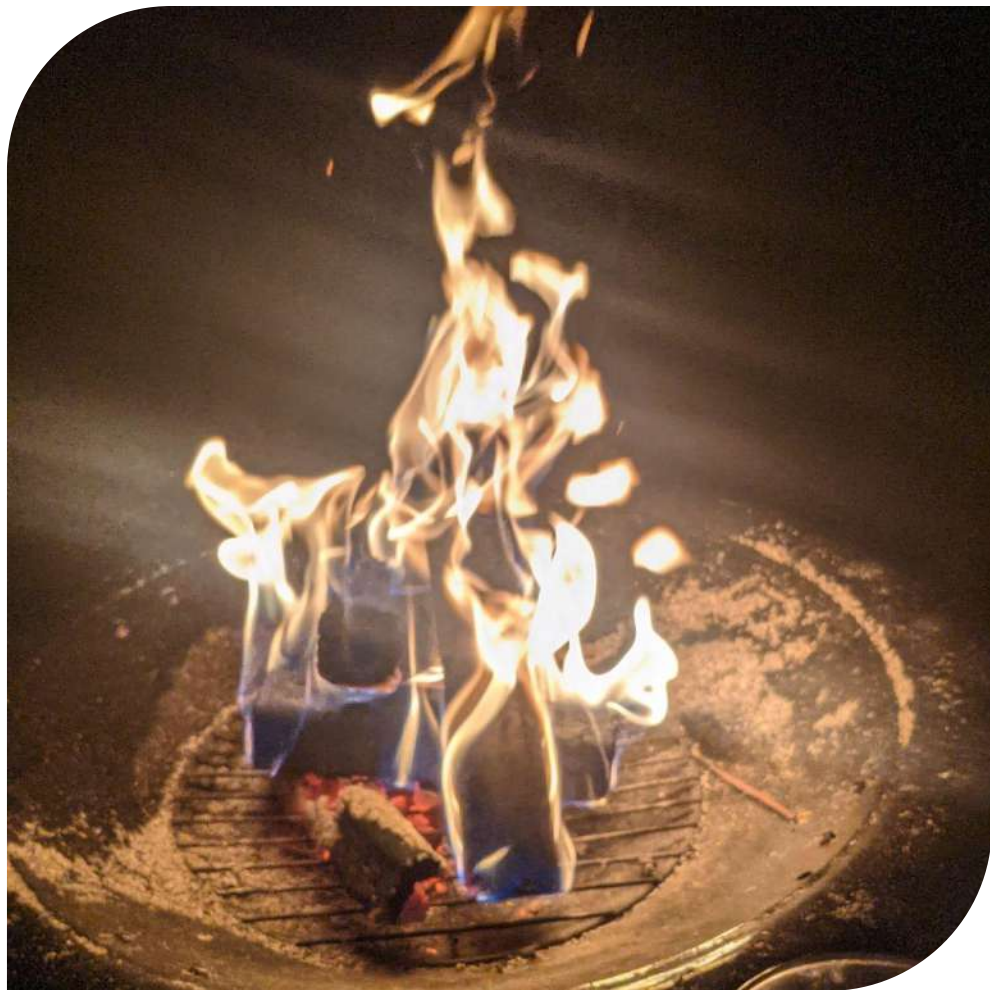
# Bealtaine: Threshold to Light

- Bealtaine marks the transition from darkness to light.
- Celebrates the end of winter and the beginning of summer.
- Represents the light half of the Celtic year.
- Liminal
- Symbolises growth, fertility, and abundance.



# Bealtaine i Luimneach

- Fires around the city
- Who could leap over the fire





# Idir Dhá Thine Bhealtaine

“To be between the devil and the deep  
sea”

[https://www.teanglann.ie/en/eid/idir\\_dh%C3%A1\\_thine\\_Bhealtaine](https://www.teanglann.ie/en/eid/idir_dh%C3%A1_thine_Bhealtaine)



# Oíche Bhealtaine

<https://www.duchas.ie/en/cbes/4922164/4857512/5016467>

"some of them may be seen among their cattle and crops sprinkling them with Holy Water blessed on Easter Sunday. If you ask why they do so you will be told that this is the day on which to protect ones share from "the harm of the year". The Holy Water is usually sprinkled by the farmer himself. Beginning in the kitchen he sprinkles the Holy Water on each member of the household each one making the Sign of the Cross in turn. He then proceeds to the outhouse and sprinkles the cattle and other animals thence to the fields and gardens sprinkling as he goes."

11  
May Eve (Oíche Bhealtaine) April 30th  
This is the day or rather the evening on which the local farmers (I refer always to this district) or at least some of them may be seen among their cattle and crops sprinkling them with Holy Water blessed on Easter Sunday. If you ask why they do so you will be told that this is the day on which to protect ones share from "the harm of the year". The Holy Water is usually sprinkled by the farmer himself. Beginning in the kitchen he sprinkles the Holy Water on each member of the household each one making the sign of the cross in turn. He then proceeds to the outhouses and sprinkles the cattle and other animals, thence to the fields and gardens sprinkling as he goes. When

# Cyclical time

Bealtaine

Lúnasa



Imbolc

Samhain



# The energies of Bealtaine

Fiery 🔥

Sacred

Blessing

Threshold

Renewal



**Táimid ag  
seasamh ag  
tairseach.**

We're at a threshold

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# Bitesize Pobal

Already a circle here

Heartbeat of daily challenges and weekly practice

Showing up, posting, practicing, encouraging

Some for months, some for years





# A dúshlán for Bitesize

We know the aistear is the destination.

But our customers are asking us to bring them somewhere, not *just* practice weekly.

Technology can help more and more. But how do I focus the team's energy to match the intentional energy of certain members?

How can we build a service that's structured around meaning making in today's world?





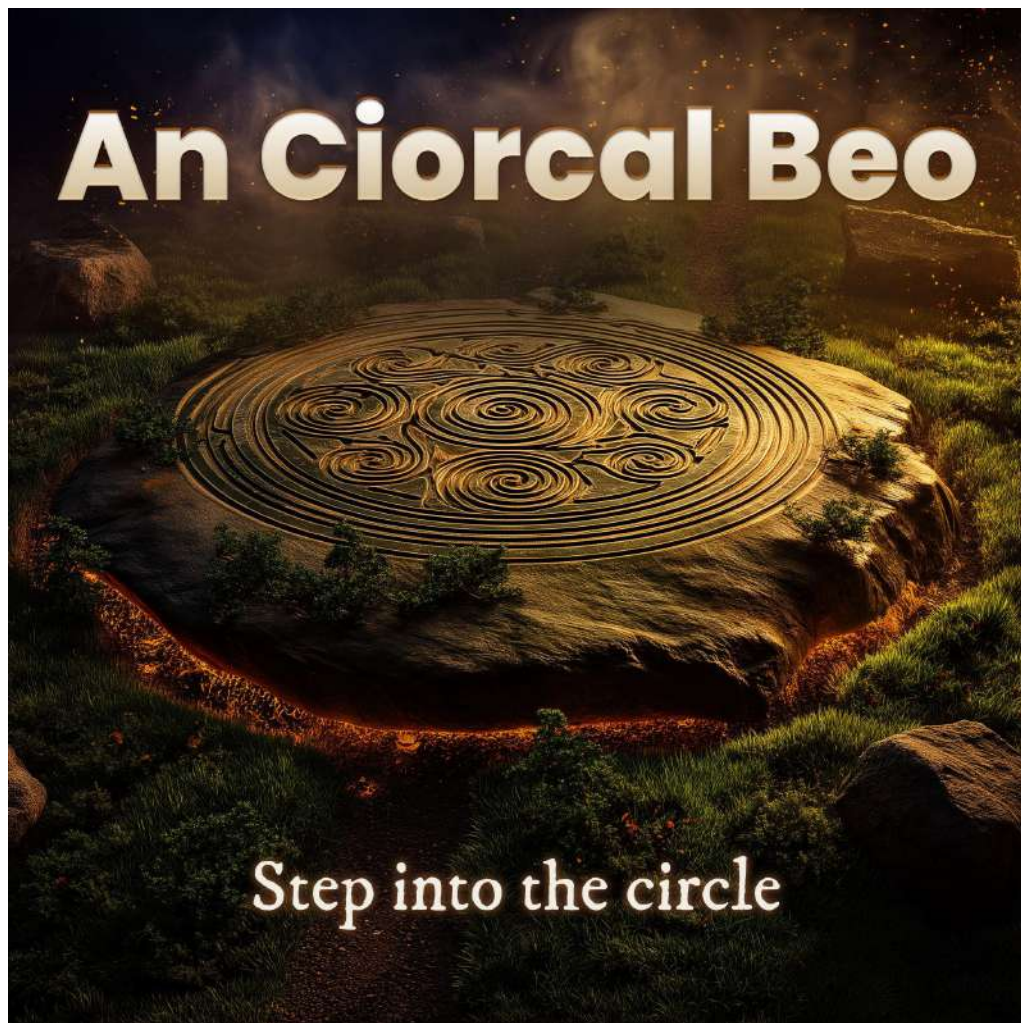


# Let's name the circle

An Ciorcal Beo is not a new course. It's not a class.

It's a **commitment** to yourself and the group to practice aloud, to write and share. An **intention**.

Not about pushing harder.  
Remembering who you already are.

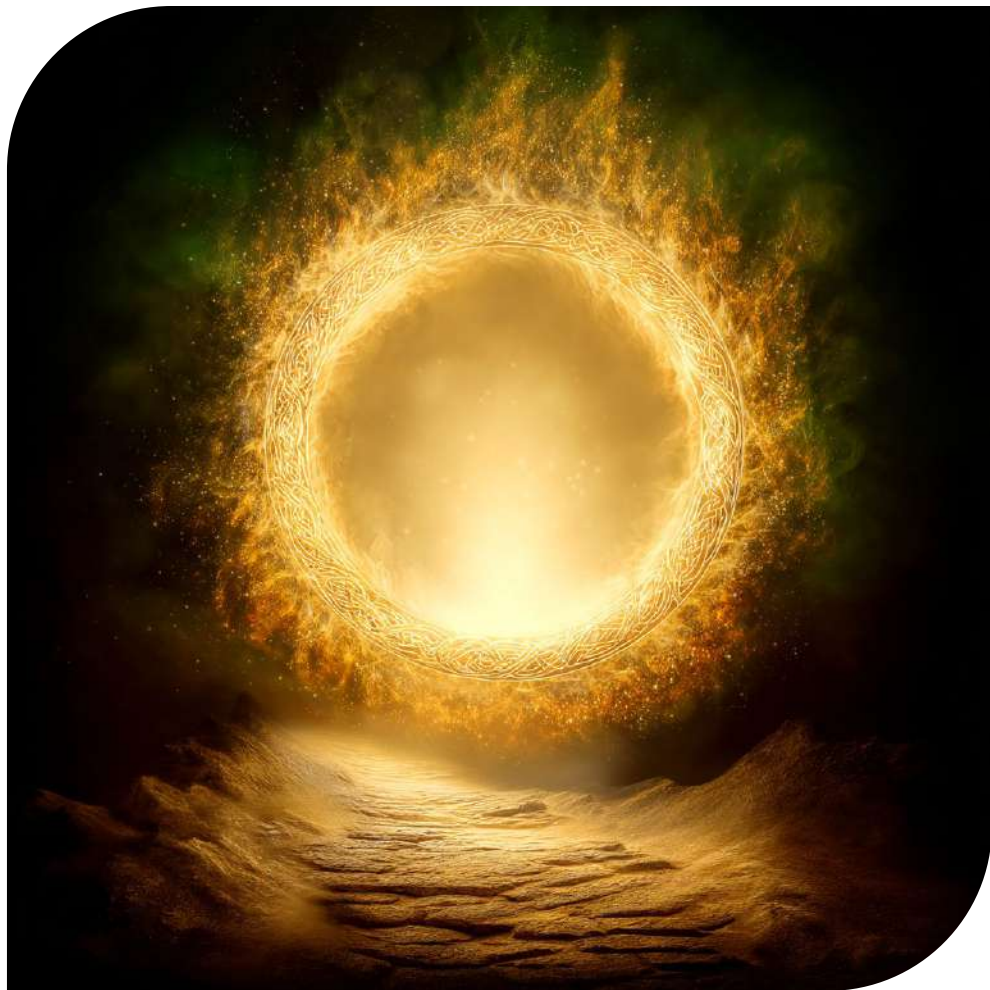


# An Ciorcal Beo

**A more intentional rhythm.**

**Weekly:** Cleachtadh Beo. Practice aloud, practice speaking, practice reading, bring your writing.

**Monthly:** An Cheardlann Mhíosúil. A workshop space to go deeper, to reflect, to connect with the seasons, and our myths, and the ensouled nature of our land.





# An Ciorcal Beo

**Intentional cleachtadh with feedback.**

More actionable feedback and support to help you move toward your goals.

Review where you are.

Get feedback on your language journey.



# An Ciorcal Beo

**Where you already belong.**

You don't need to earn a place here.

Your invitation is here.

Stepping into the circle means bringing  
your energy and intention.

We'll meet you there with support,  
feedback and encouragement.

**I invite you to step into the circle  
with us.**





# An Ciorcal Beo

## The details

**€500/year (€50/month)**

More intentional practice. A weekly theme with reading, writing, conversation.

More actionable feedback.

Deeper reflection.

Dedicated Pobal space. New emerging tools on Aistear.



# Pathways for our Grow members

You decide, there's no forcing.

1. Join An Ciorcal Beo
2. Move to Explore (€390/year)
3. Do nothing - services migrated to Explore after May 2025

Guarantee - if you move to An Ciorcal Beo and don't like it you can move to Explore at your existing rate.



**Sin dóthain uaimse!**